



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2024-2025

School Name & Location Number:	Hubert O. Sibley K-8 Academy
Principal:	Chandrell Larkin
Phone Number:	(305) 953-3737
School Wellness/Healthy School Team Leader:	Chandrell Larkin
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Angelica Bryant Feleshia Burden Susanne Macdougall Janet Still Afiba Bertrand Vito Poehnelt
Committee Meeting Dates:	January 21 st 2025, February 18 th , 2025, March 18 th , 2025, and May 20 th , 2025
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition:</p> <ul style="list-style-type: none"> Promote free breakfast and good eating habits. <p>Physical Education:</p> <ul style="list-style-type: none"> Quarterly Fitness Assessments <p>Physical Activity:</p> <ul style="list-style-type: none"> Relay races. Hosting a school-wide field day. <p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> Provide students with healthy snacks through the Fresh Fruit and Vegetable Program daily.

	<p>Preventive Healthcare: Utilize Wellway Wellness program</p>
Sustainability Practices:	<ul style="list-style-type: none"> • Incorporate wellness lessons in science as it relates to the human body and health. • Incorporating lessons in the school garden. • Meet with Student Council members monthly to plan a wellness activity quarterly.
Community Engagement:	<ul style="list-style-type: none"> • Hosting food drives for our school community members in need during the holidays. • Increase business partnerships in the local area
Monitoring and Evaluation:	<ul style="list-style-type: none"> • Committee Meeting sign-in sheets to monitor attendance and involvement. • Advertise through social media, flyers, and school messenger to increase future volunteers as we begin to project next school year.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	<ul style="list-style-type: none"> • Afterschool activities: dance and gardening club.